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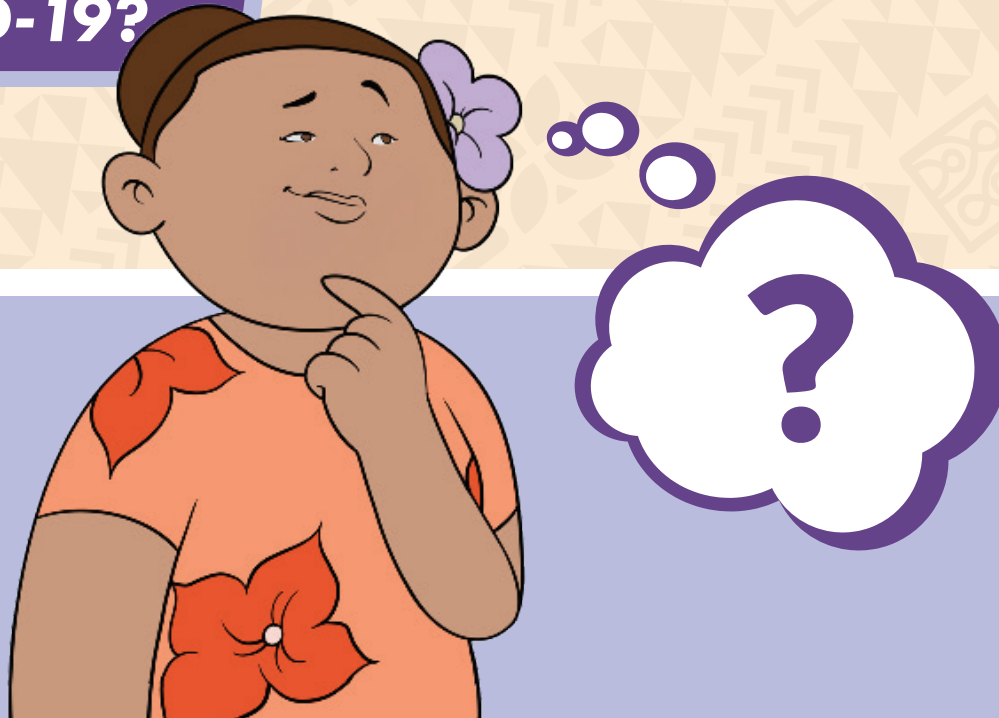
Waitematā
District Health Board
Best Care for Everyone

**NORTHLAND DISTRICT
HEALTH BOARD**
Te Poari Hauora Ā Rohe O Te Tai Tokerau



WHAT IS COVID-19

WHAT IS COVID-19?



*Is a relatively
new virus*



*Can cause
severe illness*



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WHY COVID-19 IS SERIOUS



Over 176 million
cases that have been
reported worldwide



COVID-19
DEATH

3 million+ deaths
worldwide



Older people are
at greater risk

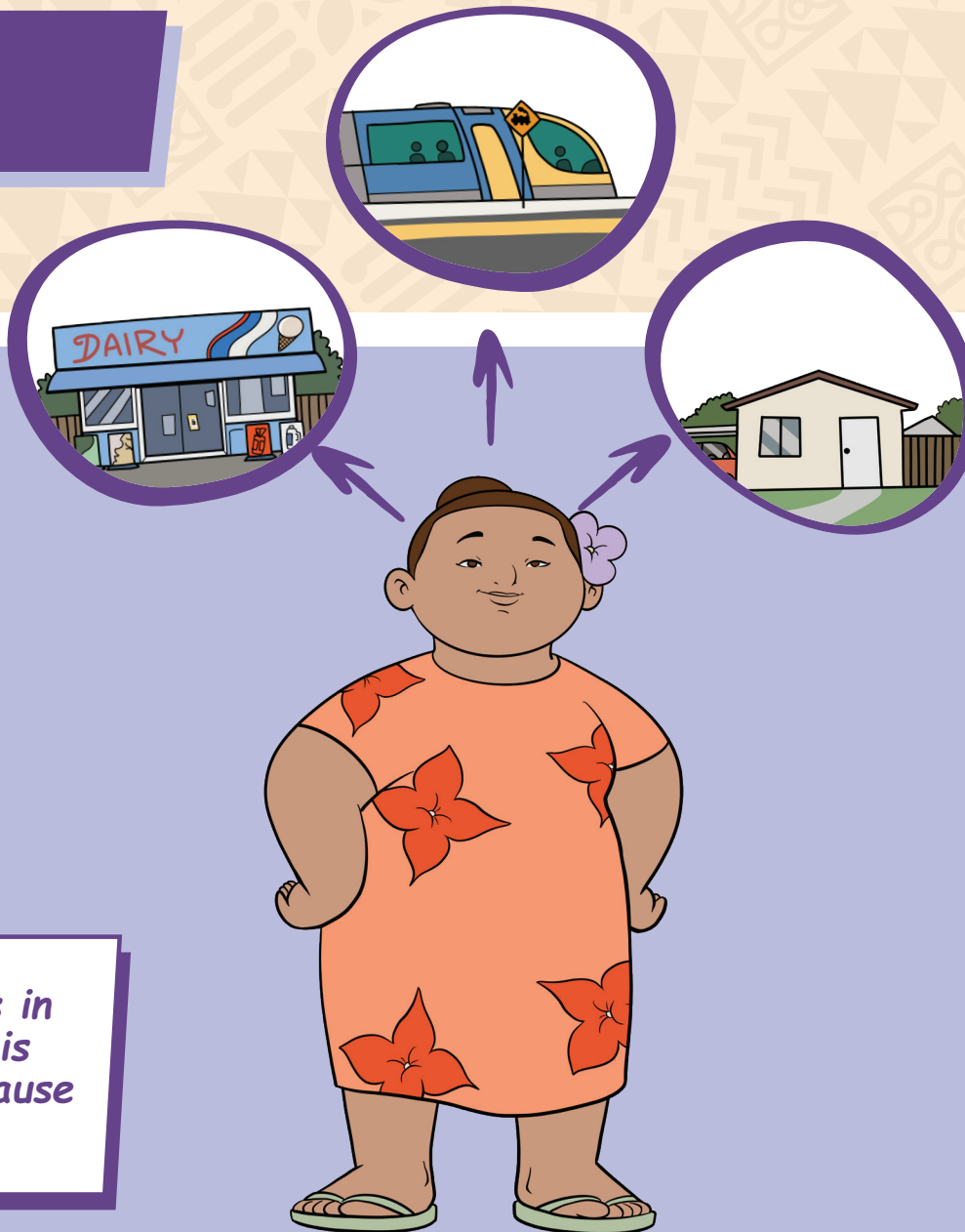


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WHY COVID-19 IS SERIOUS



*Once COVID-19 is in
the community it is
hard to control because
it is contagious.*



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PACIFIC PEOPLES AT RISK

Together
protecting
Aotearoa



*Encourage our Pacific
communities to learn
about the vaccine and
to be vaccinated*

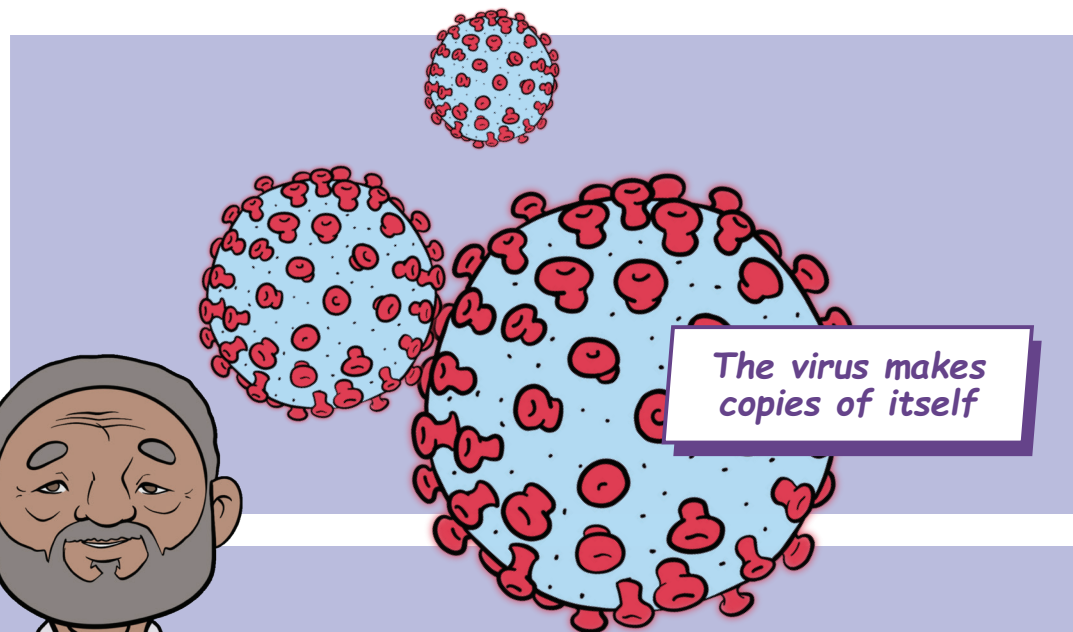


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WHAT COVID-19 DOES TO THE BODY



The virus can be more dangerous for people who have an underlying health condition



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HOW COVID-19 SPREADS



*COVID-19 usually
spreads when an
infected person
coughs, breathes or
sneezes*



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THE SYMPTOMS



*Older people are
most at risk*



Coughing



*Chills, sometimes with
shaking, body aches,
headaches*



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GETTING TESTED



*There are COVID-19
testing centres that
you can drive through*



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STAY AT HOME



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SICK LEAVE



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CONTACT TRACING

*Keep a record of
where you've been*



*You can download the
COVID Tracer APP*



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CONTACT TRACING



*Its OK to use pen and
paper to keep a record
of where you've been
and who you've seen*



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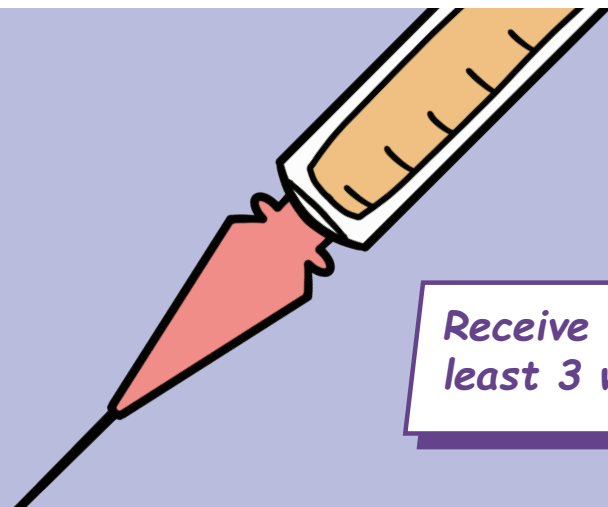
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THE VACCINE

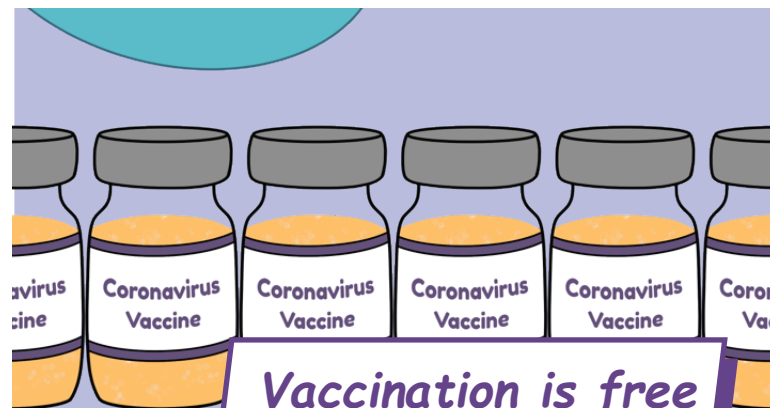
THE PFIZER VACCINE



Pfizer BioNTech



*Receive two doses at
least 3 weeks apart*



Vaccination is free



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WHAT IS IN THE VACCINE



Messenger RNA sends a message to our cells that will help protect our body



Messenger RNA has been studied for many years



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WHAT THE VACCINE DOES



*Vaccines work with your
body's natural defence
system, which is called
the immune system*



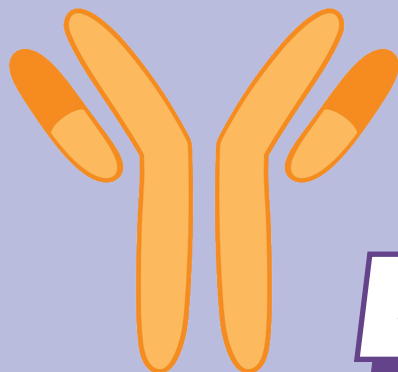
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WHAT THE VACCINE DOES

Messenger RNA



Antibodies



Protein

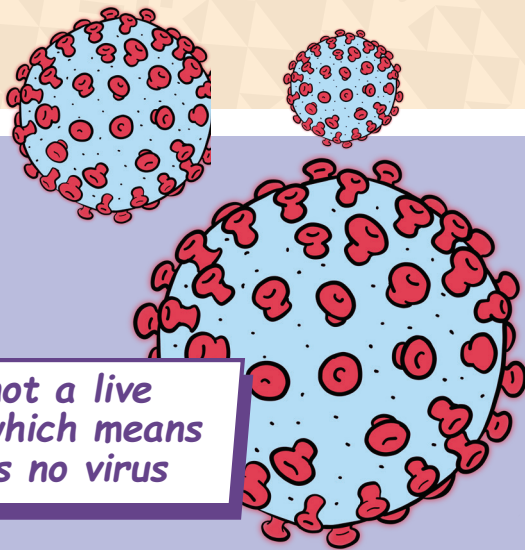


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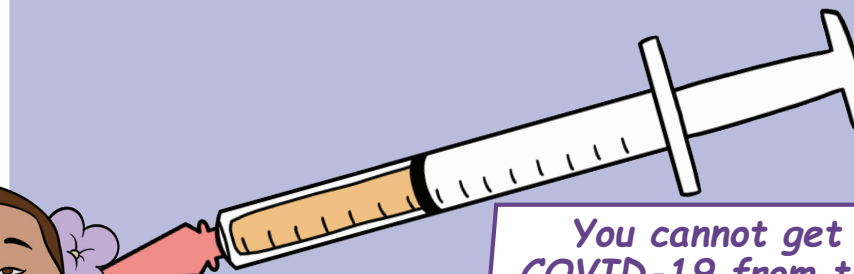
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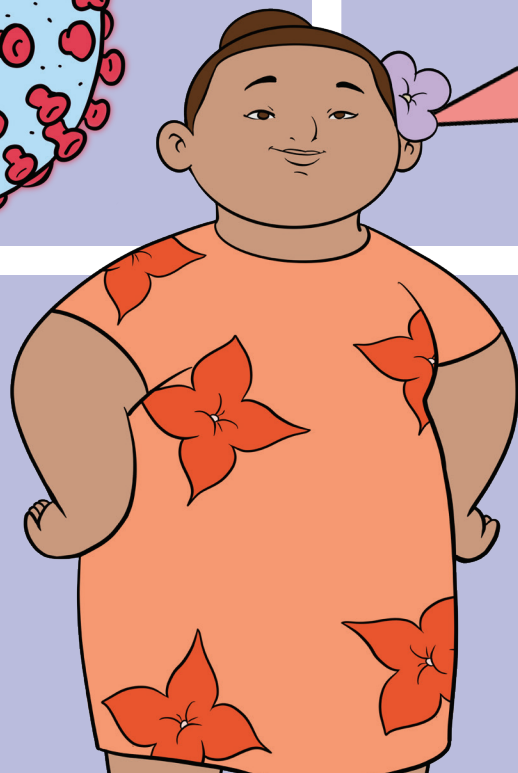
YOU CANNOT GET COVID-19 FROM THE VACCINE



*It is not a live
vaccine which means
there is no virus*



*You cannot get
COVID-19 from the
vaccine*



*There are no human or
animal products in this
vaccine*



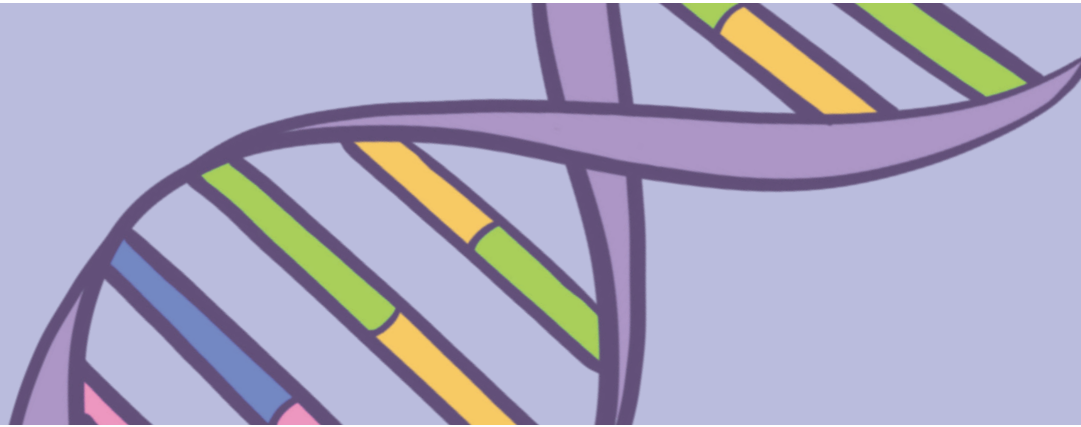
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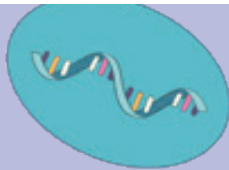
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THE VACCINE DOES NOT AFFECT OUR DNA

*The vaccine does not
affect your DNA in
any way*



*The Messenger RNA
does not enter the
nucleus of the cell*



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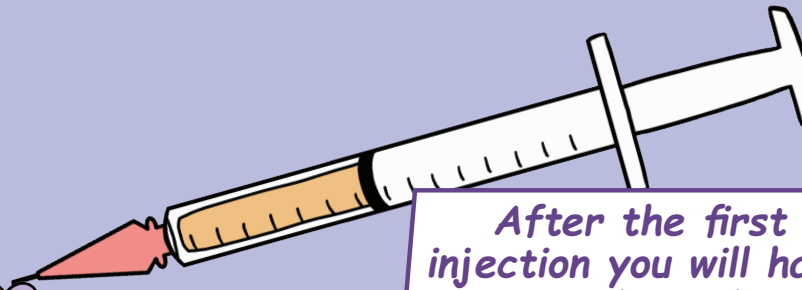
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TWO DOSES OF THE VACCINE



You will have two doses of the vaccine at least 3 weeks apart



After the first injection you will have some immunity



The second injection you receive increases your protection



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VACCINE SAFETY

IF YOU FEEL WORRIED



In New Zealand, all new medicines, including vaccines, are assessed by an organisation called Medsafe



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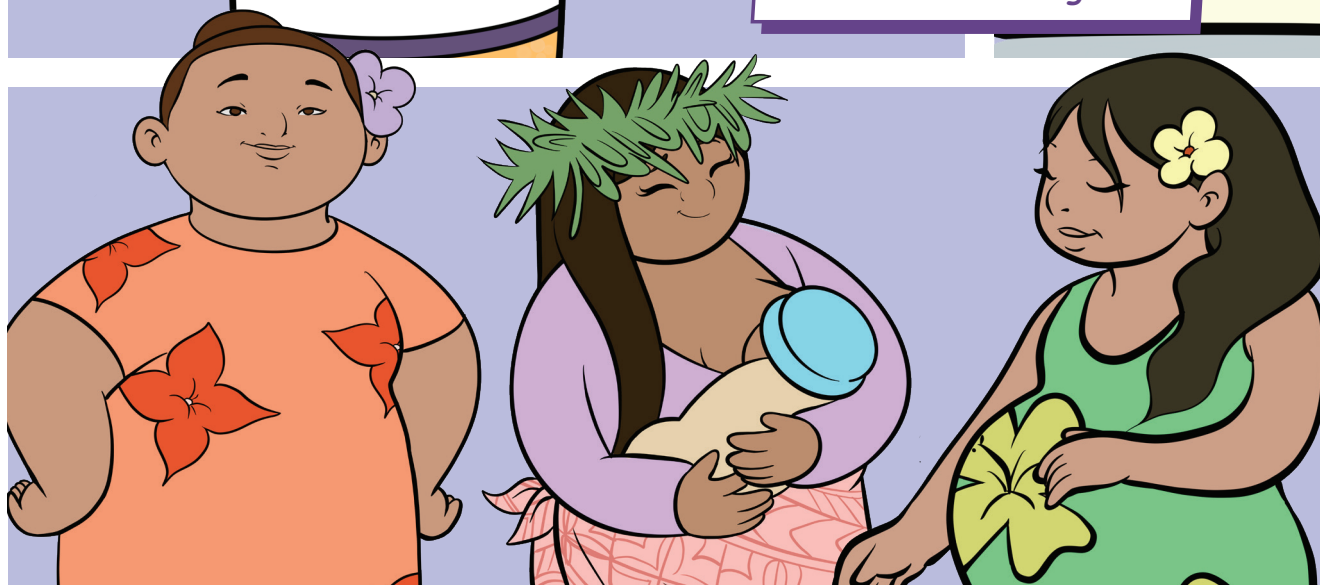
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THE VACCINE IS SAFE



*Vaccine is safe because it
went through months of
clinical testing*



*Many millions of people
around the world have
received the vaccine.*



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POSSIBLE SIDE-EFFECTS



*The vaccine is injected
into your upper arm*

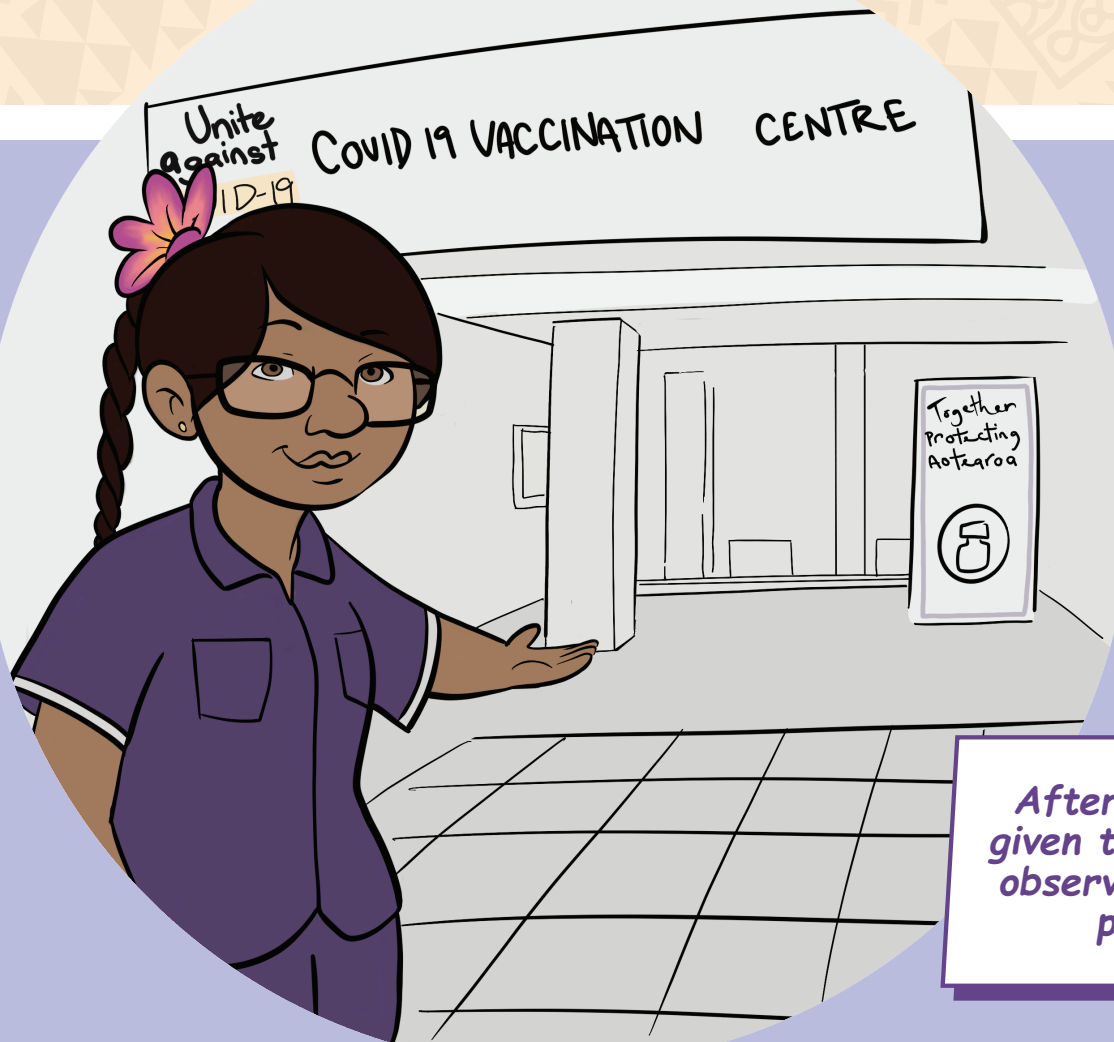


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EXTRA SAFETY MEASURES IN PLACE



*After you have been
given the vaccine to be
observed by a medical
professional*

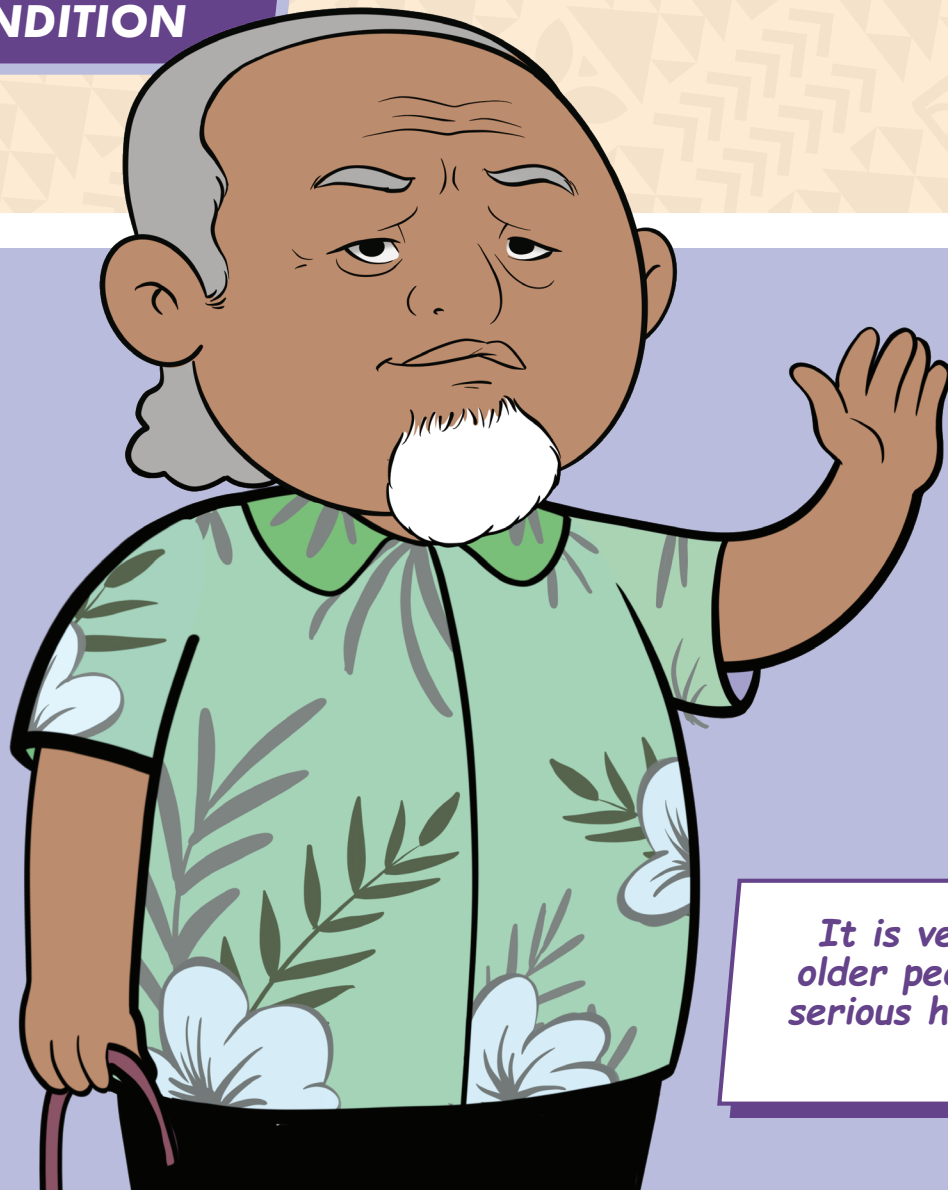


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**THE VACCINE IS SAFE FOR OLDER
PEOPLE AND PEOPLE WITH A
SERIOUS HEALTH CONDITION**



*It is very important that
older people and those with
serious health conditions get
vaccinated*



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THE VACCINE IS SAFE FOR PREGNANT WOMEN



*If you are pregnant and
choose to have the vaccine,
you can get early access*

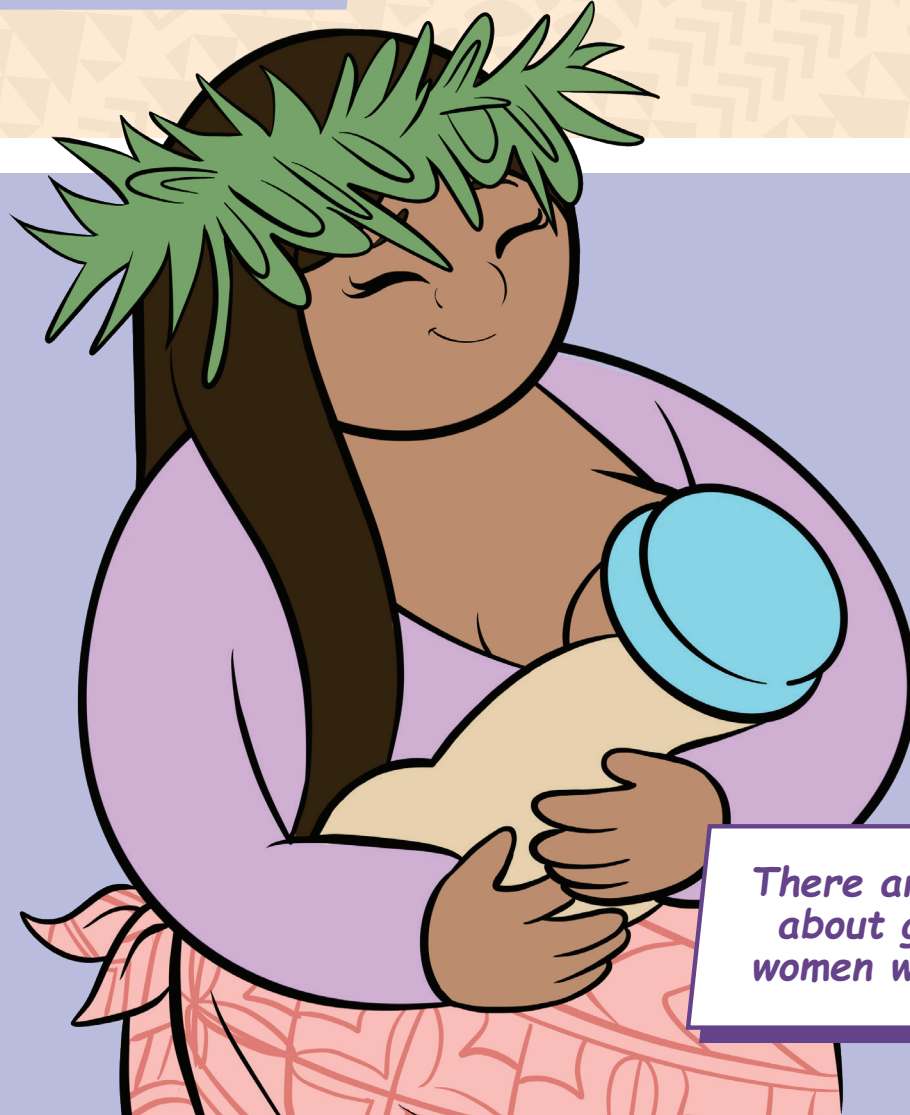


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**THE VACCINE IS SAFE
FOR WOMEN WHO ARE
BREASTFEEDING**



*There are no safety concerns
about giving the vaccine to
women who are breastfeeding*



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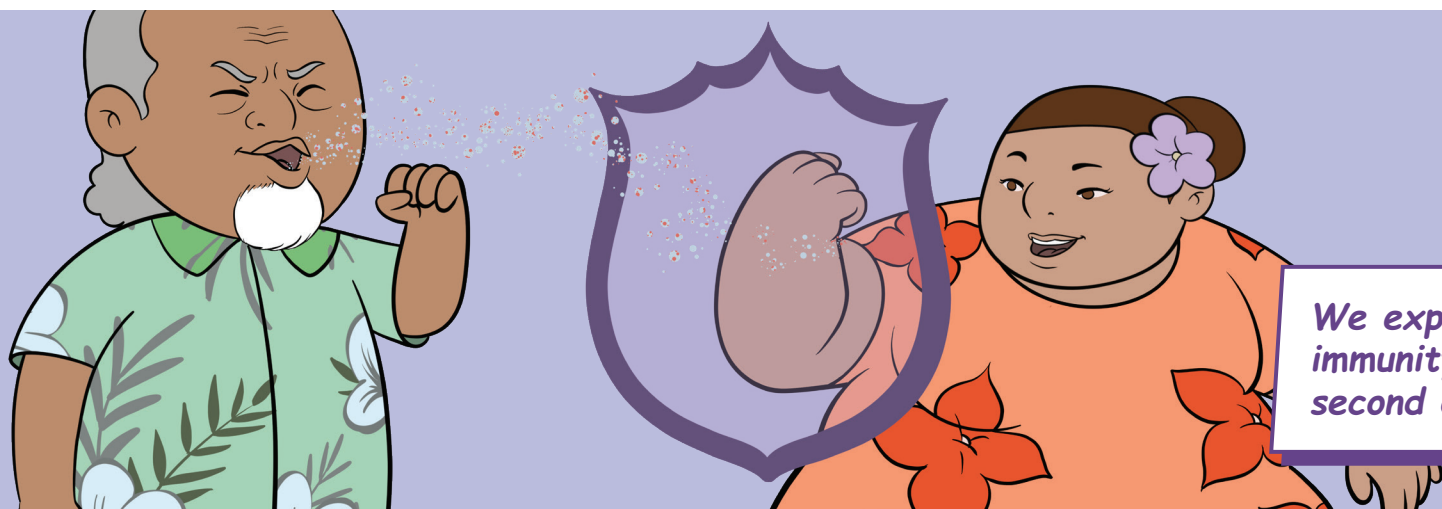
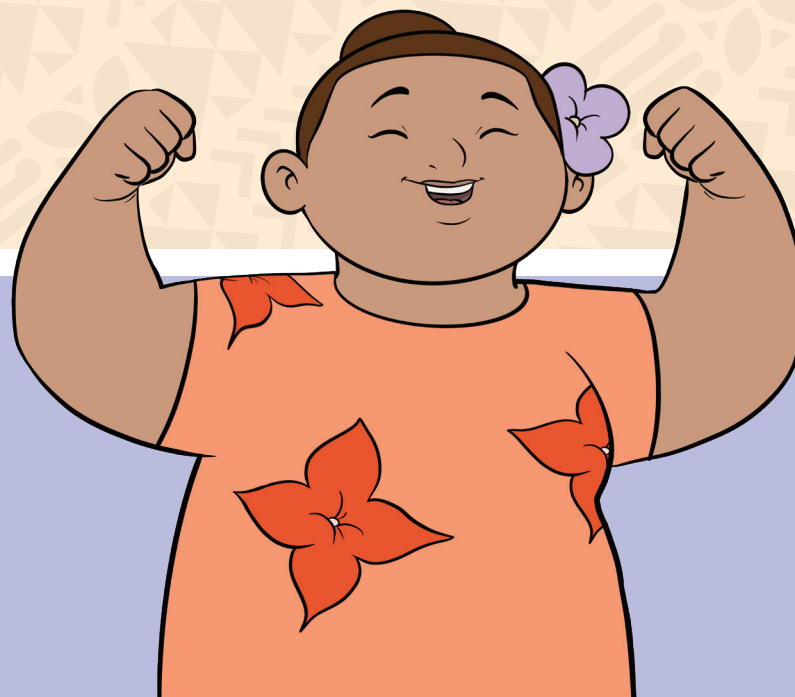
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THE EFFECTIVENESS OF THE VACCINE

IMMUNITY

You will have some immunity as soon as you've received your first dose.



We expect you will have immunity two weeks after your second dose.

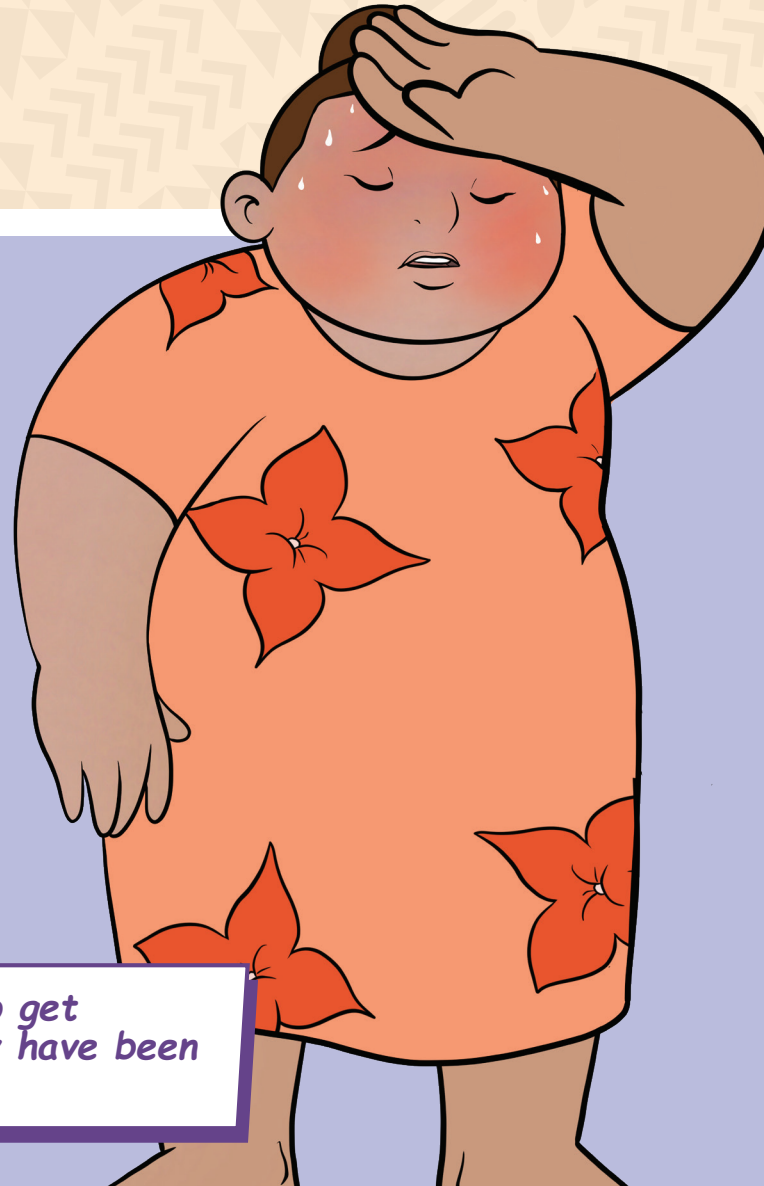
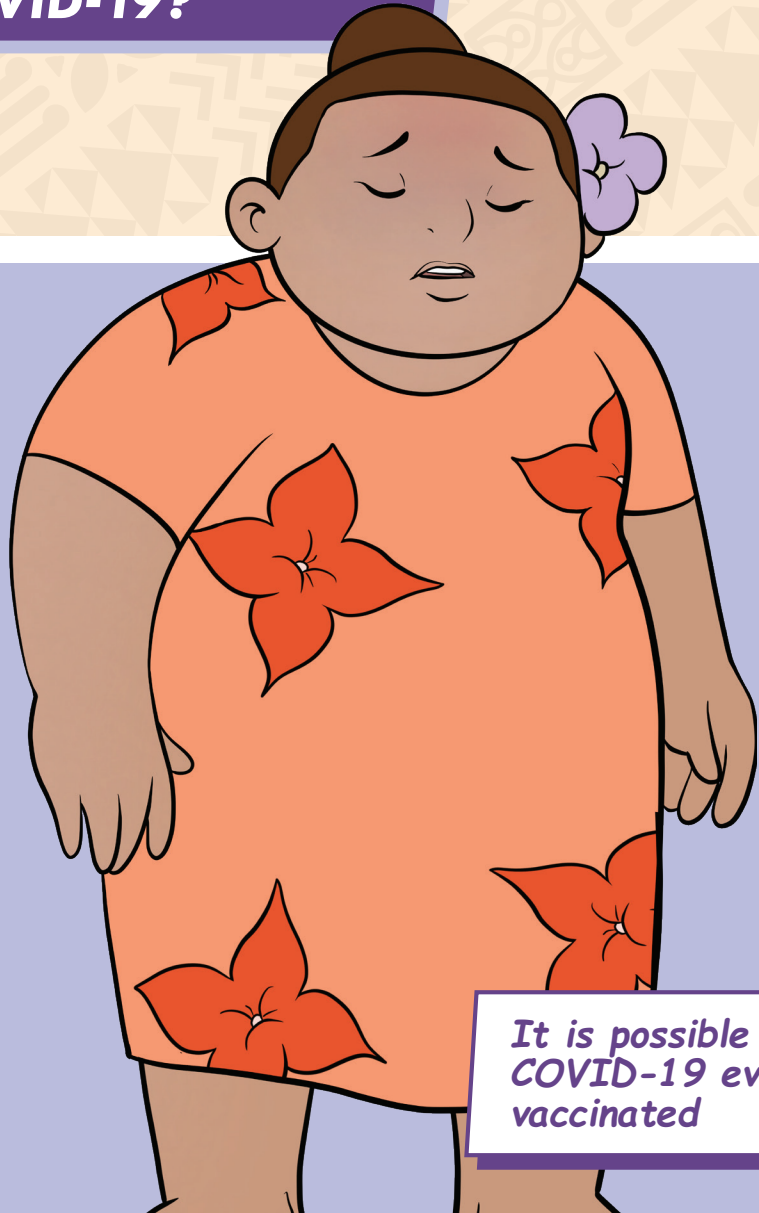


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**CAN I STILL GET
COVID-19?**



*It is possible for people to get
COVID-19 even when they have been
vaccinated*



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**PFIZER VACCINE IS ONE
OF THE MOST EFFECTIVE IN
THE WORLD**

**90 TO 95
PERCENT
EFFECTIVE**



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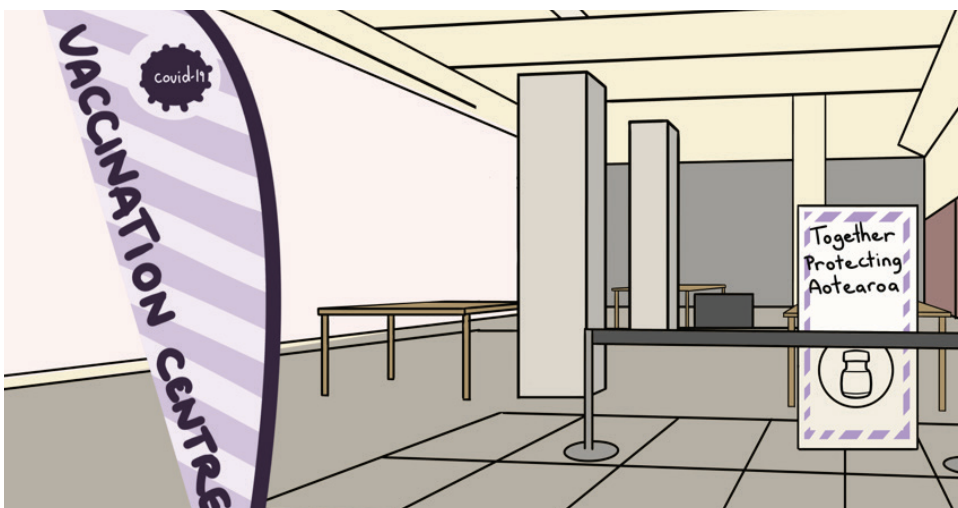
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THE PACIFIC VACCINATION CENTRES

PACIFIC VACCINATION CENTRES



There are a number of COVID-19 vaccination centres around Auckland and throughout the country



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SOUTH AUCKLAND PACIFIC VACCINATION CENTRE

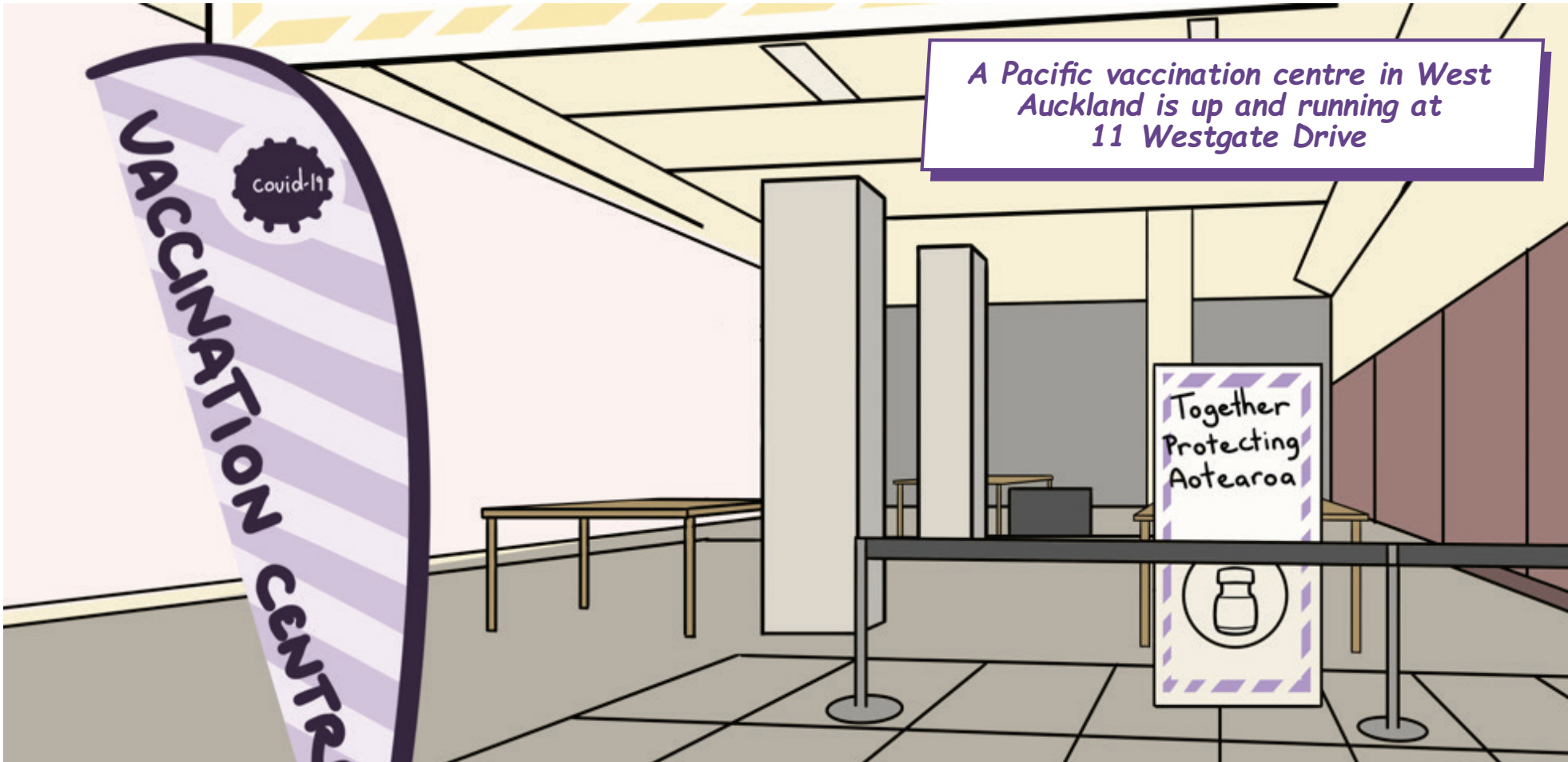


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WEST AUCKLAND PACIFIC VACCINATION CENTRE



*A Pacific vaccination centre in West
Auckland is up and running at
11 Westgate Drive*



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TO MAKE A BOOKING



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FOR MORE INFORMATION CONTACT

Your family doctor

Healthline on **0800 358 5453**

Prepare Pacific website **www.preparepacific.nz**

COVID 19 vaccines website:

**[www.covid19.govt.nz/health-and-wellbeing
/covid-19-vaccines](http://www.covid19.govt.nz/health-and-wellbeing/covid-19-vaccines)**

**This Resource was developed based on
the latest information available**

22nd June, 2021



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