



PREPARE
PACIFIC



COVID-19
VACCINATION
ROLL OUT FOR
PACIFIC COMMUNITIES

THE VACCINE

Updated 25th June, 2021



THE VACCINE

Updated 25th June, 2021

- **The vaccine you will receive is called the Pfizer BioNTech (Pfizer) vaccine.**
- **We are fortunate that in New Zealand there is enough vaccine for everyone who wants to receive the vaccine to get it (10 million doses).**
- **You will receive two doses of the vaccine at least three weeks apart.**
- **This vaccine is highly effective at stopping people getting sick from COVID-19.**
- **The vaccination is free.**

Last updated: 25th June, 2021

FOR MORE INFORMATION CONTACT
HEALTHLINE 0800 358 5453
www.preparepacific.nz



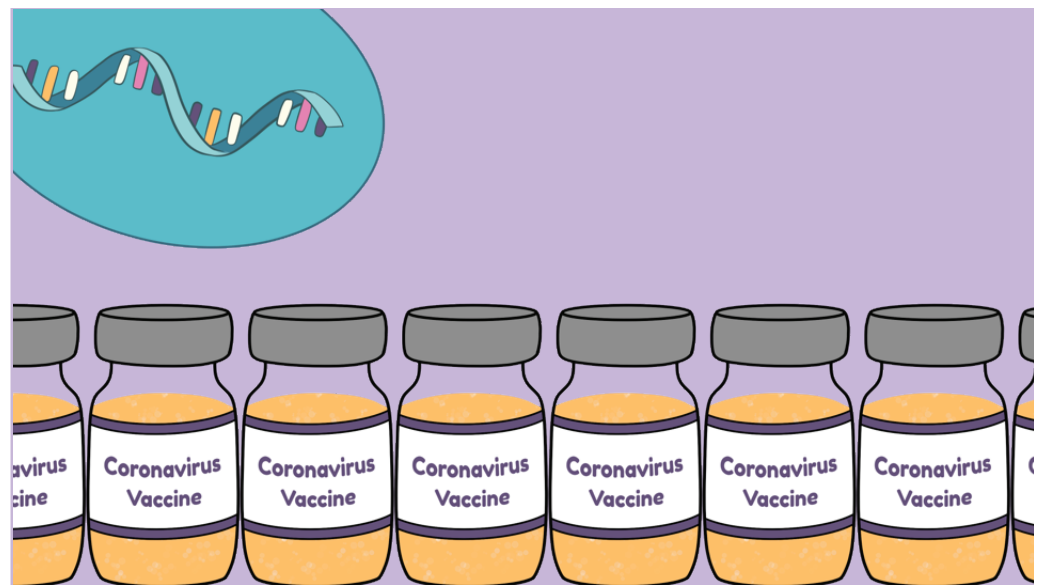
THE PFIZER VACCINE



Pfizer BioNTech



Receive two doses at
least 3 weeks apart



Vaccination is free

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- **The vaccine is made up of different ingredients that help it to do its job in our bodies, like fats, salt, sugar.**
- **The active ingredient is called Messenger RNA (messenger ribonucleic acid).**
- **Messenger RNA sends a message to our cells that will help to protect our body if it comes into contact with COVID-19.**
- **Messenger RNA is not new and has been studied for many years.**

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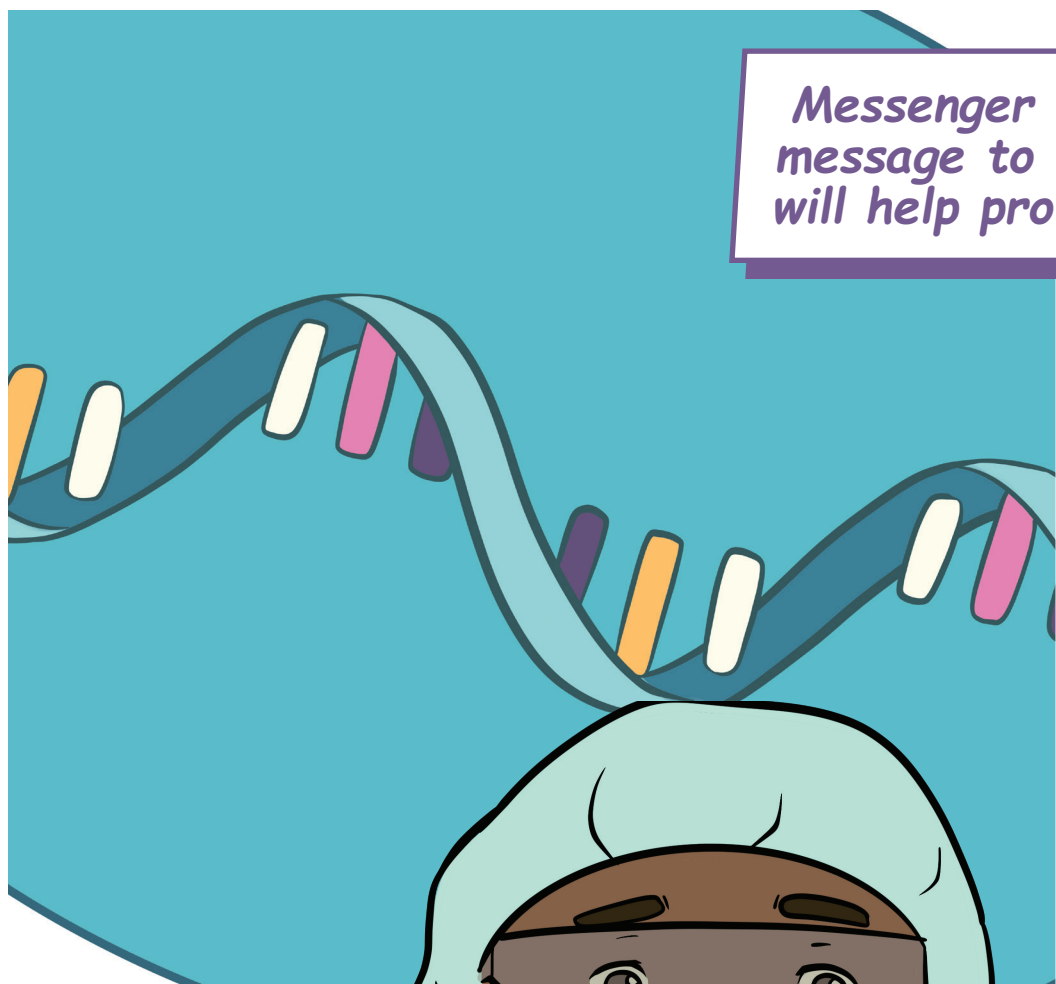


WHAT IS IN THE VACCINE

Messenger RNA sends a message to our cells that will help protect our body



Messenger RNA has been studied for many years



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- **Vaccines protect your health and prevent disease.**
- **Vaccines work with your body's natural defence system, which is called the immune system, so you're ready to fight the virus if you come into contact with it.**

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WHAT THE VACCINE DOES



*Vaccines work with your
body's natural defence
system, which is called
the immune system*

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- **The vaccine contains Messenger RNA which teaches the cells in our body to make a piece of protein to trigger your body's immune system to create a defence (called antibodies).**
- **These antibodies help to protect your body against the virus if you come into contact with COVID-19.**
- **Once it has sent a message to the body to make an immune system response our bodies break down the messenger RNA naturally.**
- **The vaccine does not stay in your body for long – only a few days.**

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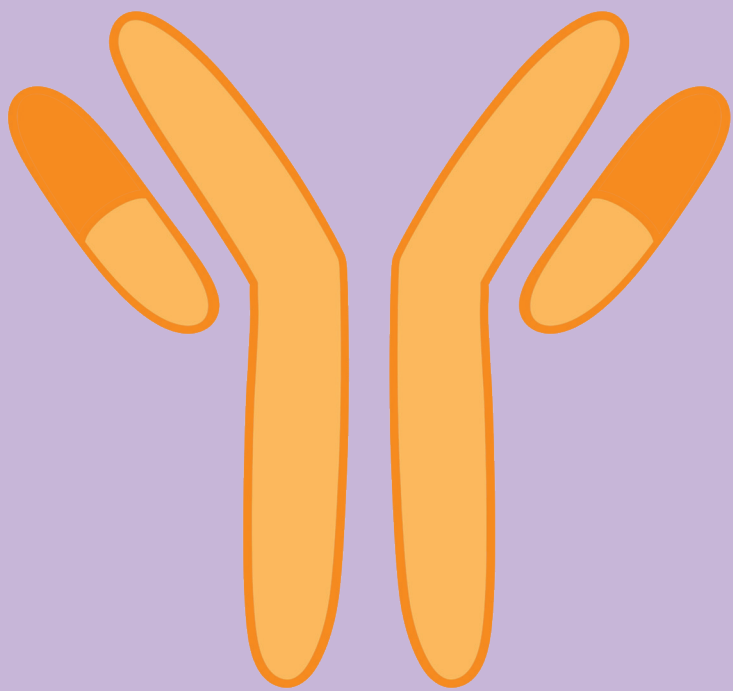
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WHAT THE VACCINE DOES

Messenger RNA

Messenger RNA teaches the cells in our body to make a piece of protein



Antibodies



Protein



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- **It is not a live vaccine which means there is no virus injected into your body.**
- **There are no human or animal products in this vaccine.**
- **You cannot get COVID-19 from the vaccine.**

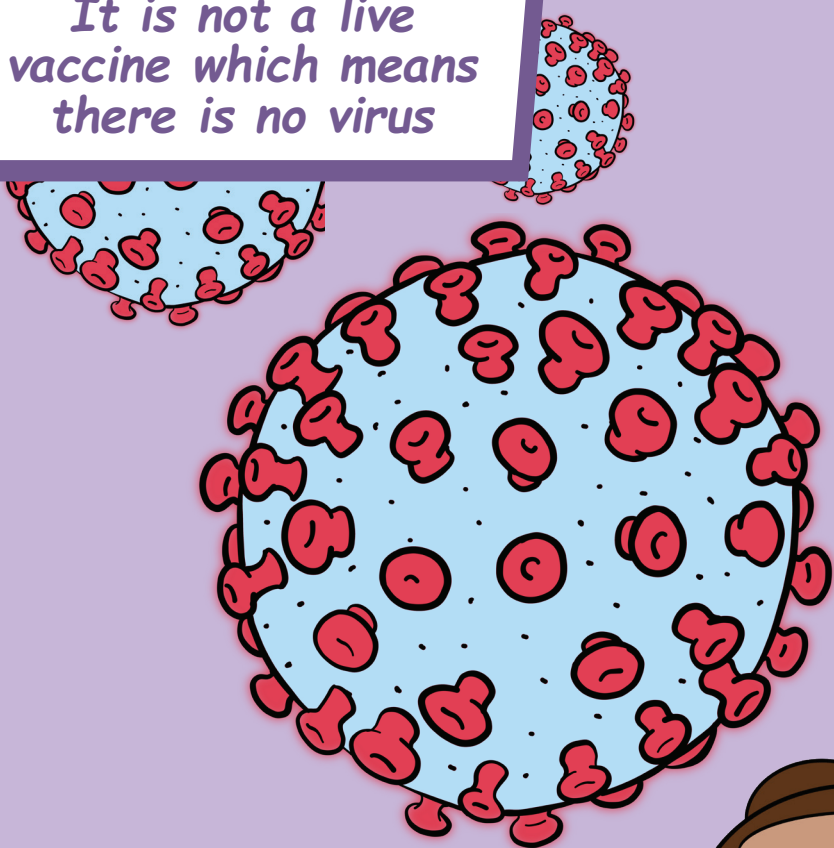
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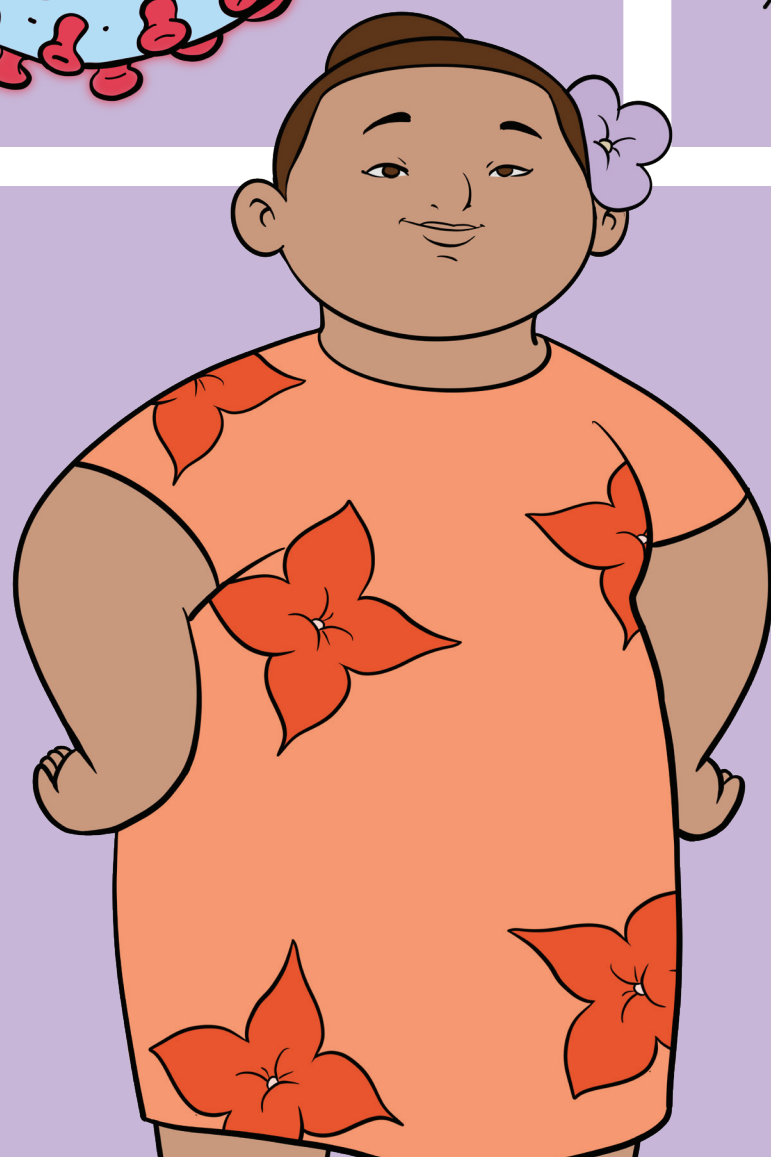


YOU CANNOT GET COVID-19 FROM THE VACCINE

It is not a live vaccine which means there is no virus



You cannot get COVID-19 from the vaccine



There are no human or animal products in this vaccine

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- **The vaccine does not affect your DNA in any way.**
- **The Messenger RNA does not enter the nucleus of the cell which is where our DNA (genetic material) is kept so it cannot affect our DNA.**

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THE VACCINE DOES NOT AFFECT OUR DNA

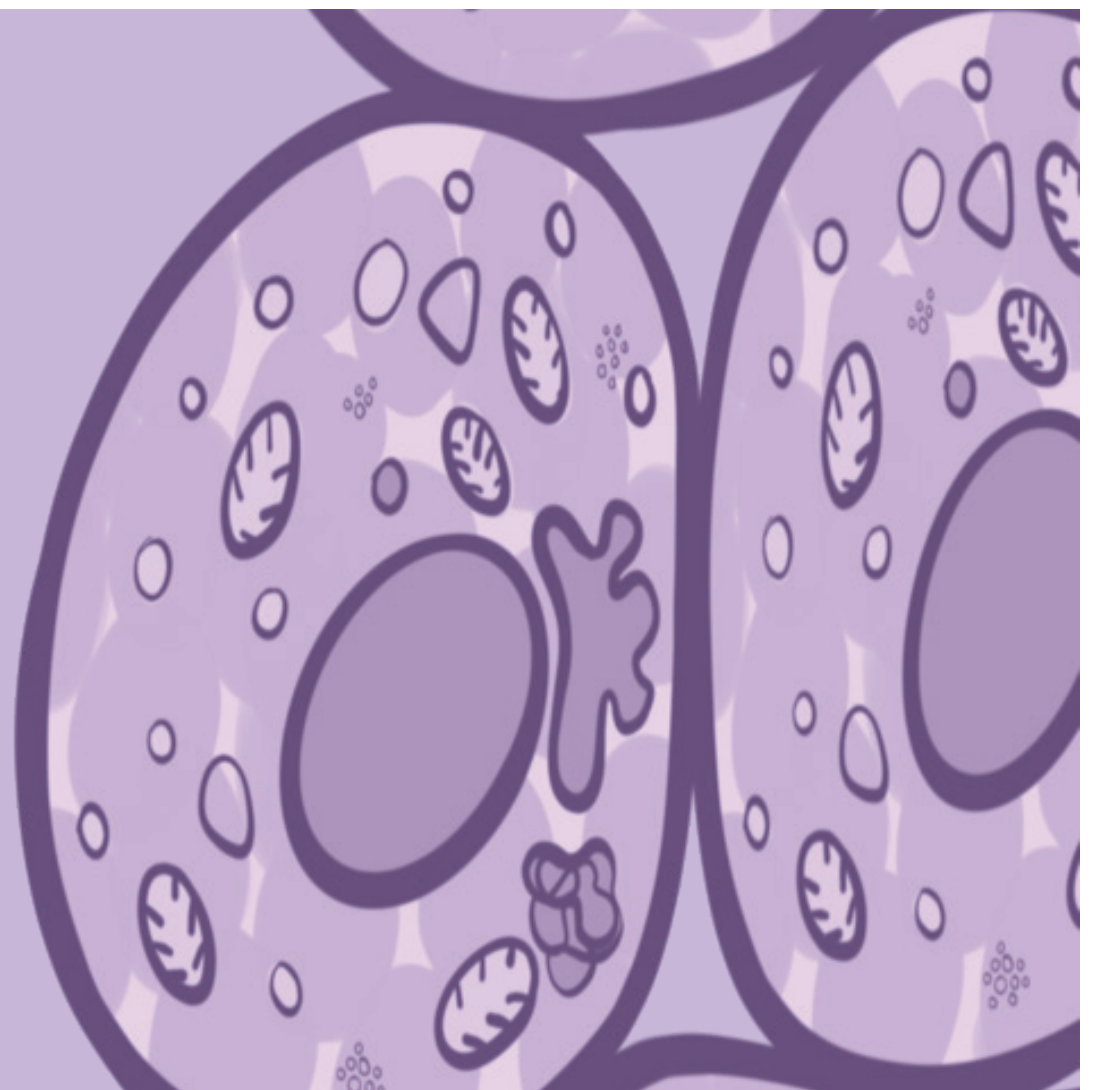


The vaccine does not affect your DNA in any way

Messenger RNA



The Messenger RNA does not enter the nucleus of the cell



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- **You will have two doses of the vaccine at least 3 weeks apart.**
- **After the first injection you will have some immunity to COVID-19.**
- **The second injection you receive increases your protection against the virus. The vaccine has been found to be 95% effective against COVID-19 disease.**

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TWO DOSES OF THE VACCINE

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doses of the vaccine
at least 3 weeks apart*



*After the first
injection you will have
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*The second injection
you receive increases
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FOR MORE INFORMATION CONTACT

Your family doctor or
Healthline on **0800 358 5453**

Prepare Pacific website **www.preparepacific.nz**

COVID 19 vaccines website:

**[www.covid19.govt.nz/health-and-wellbeing
/covid-19-vaccines](http://www.covid19.govt.nz/health-and-wellbeing/covid-19-vaccines)**

**This Resource was developed based on
the latest information available:**

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