

The 7 Spiritual Pathway

This questionnaire is a great way to discover the ways you naturally grow and develop your relationship with God.

1. Respond to each statement below according to the following scale:

3 = Consistently/definitely true of me

2 = Often/usually true of me

1 = Once in a while/sometimes true of me

0 = not at all/never true of me

Put the number in the box before each statement

2. Transfer the numbers you gave for each assessment statement to the grid following the statements.

3. Total each column. The highest number identifies your preferred spiritual pathway; the next highest number, your secondary pathway.

- ☐ 1. When I have a problem, I'd rather pray with people than pray alone.
- ☐ 2. In a church service, I most look forward to the teaching.
- ☐ 3. People who know me would describe me as enthusiastic during worship times.
- ☐ 4. No matter how tired I get, I usually come alive when a challenge is placed before me.
- ☐ 5. Spiritual reality sometimes feels more real to me than the physical world.
- ☐ 6. I get distracted in meetings or services if I notice details in the surroundings that haven't been attended to.
- ☐ 7. A beautiful sunset can give me a spiritual high that temporarily blocks out everything bothering me.
- ☐ 8. It makes me feel better about myself to hang out with people I know and like.
- ☐ 9. I've never understood why people don't love to study the Bible in depth.
- ☐ 10. God touches me every time I gather with other believers for praise.
- ☐ 11. People around me know how passionate I feel about the causes I'm involved in.
- ☐ 12. I experience a deep inner joy when I am in a quiet place, free from distractions.
- ☐ 13. Helping others is easy for me, even when I have problems.
- ☐ 14. When faced with a difficult decision, I am drawn to walk in the woods, on the beach, or in some other outdoor setting.
- ☐ 15. When I am alone too much, I tend to lose energy or get a little depressed.
- ☐ 16. People seek me out when they need answers to Biblical questions.

- ☐ 17. Even when I'm tired, I look forward to going to a church service.
- ☐ 18. I sense the presence of God most when I'm doing his work.
- ☐ 19. I don't understand how Christians can be so busy and still think they're hearing from God.
- ☐ 20. I love being able to serve behind the scenes, out of the spotlight.
- ☐ 21. I experience God in nature so powerfully I'm sometimes tempted not to bother with church.
- ☐ 22. I experience God most tangibly in fellowship with a few others.
- ☐ 23. When I need to be refreshed, a stimulating book is just the thing.
- ☐ 24. I am happiest when I praise God together with others.
- ☐ 25. "When the going gets tough, the tough get going" — that's true about me!
- ☐ 26. My family and friends sometimes tease me about being such a hermit.
- ☐ 27. People around me sometimes tell me they admire my compassion.
- ☐ 28. Things in nature often teach me valuable lessons about God.
- ☐ 29. I don't understand people who have a hard time revealing personal things about themselves.
- ☐ 30. Sometimes I spend too much time learning about an issue rather than dealing with it.
- ☐ 31. I don't think there's any good excuse for missing a worship time.
- ☐ 32. I get tremendous satisfaction from seeing people working together to achieve a goal.
- ☐ 33. When I face a difficulty, being alone feels most helpful.
- ☐ 34. Even when I'm tired, I find I have the energy and desire to care for people's problems.
- ☐ 35. God is so real when I'm in a beautiful, natural setting.
- ☐ 36. When I'm tired, there nothing better than going out with friends to refresh me.
- ☐ 37. I worship best in response to theological truth clearly explained.
- ☐ 38. I like how all the world's problems — including mine — seem unimportant when I'm praising God at church.
- ☐ 39. I get frustrated with people's apathy in the face of injustice.
- ☐ 40. If the truth were told, I sometimes feel guilty for enjoying silence and solitude so much.
- ☐ 41. I am happiest when I find someone who really needs help and I step in and offer it.

- ☐ 42. Others know that if I'm not around, I'm most likely outside in a beautiful place.
- ☐ 43. People around me describe me as a good person.
- ☐ 44. I often read lots of books or articles to help me work through a problem.
- ☐ 45. When I get overwhelmed, there's nothing like a good worship service to get me back on track.
- ☐ 46. I should probably take more time to slow down, but I really love what I do, especially in ministry.
- ☐ 47. Sometimes I spend too much time mulling over negative things people say about me.
- ☐ 48. I experience God's presence as I counsel someone who is struggling or in trouble.
- ☐ 49. When I see natural beauty, something wonderful stirs in me that is difficult to describe.

Spiritual Pathway Assessment Scoring

Transfer the numbers from the assessment to this grid, and total each column.

1.	2.	3.	4.	5.	6.	7.
8.	9.	10.	11.	12.	13.	14.
15.	16.	17.	18.	19.	20.	21.
22.	23.	24.	25.	26.	27.	28.
29.	30.	31.	32.	33.	34.	35.
36.	37.	38.	39.	40.	41.	42.
43.	44.	45.	46.	47.	48.	49.
Total	Total	Total	Total	Total	Total	Total
A Relational	B Intellectual	C Worship	D Activist	E Contempla- tive	F Serving	G Creation

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RELATIONAL	I connect best to God when I am with others	A
INTELLECTUAL	I connect best to God when I learn.	B
WORSHIP	I connect best to God when I worship.	C
ACTIVIST	I connect best to God when doing great things.	D
CONTEMPLATIVE	I connect best to God in silence.	E
SERVING	I connect best to God while completing Kingdom tasks.	F
CREATION	I connect best to God in nature.	G

