1 I AM SOCIALLY **CONNECTED**

2 I AM PHYSICALLY **ENERGISED**

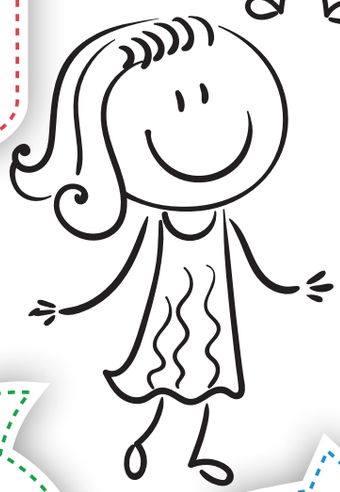
3 I AM EMOTIONALLY **HAPPY**

4 MY LIFE HAS **PURPOSE**

5 I CAN LOOK AFTER MY **ENVIRONMENT**

6 I AM ACADEMICALLY **FOCUSED**

7 I AM SPIRITUALLY **EMPOWERED**



HEALTH WEEK 2020

Adventist Health

ELIA WELLNESS

the LIVE MORE PROJECT

Seventh-day Adventist Church™ New Zealand Pacific